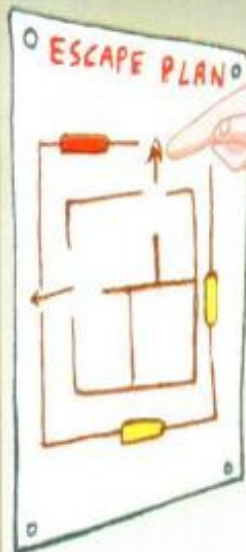


# PLAN YOUR ESCAPE ROUTE



**FIRE  
KILLS**

**YOU CAN  
PREVENT IT**



## PLAN YOUR ESCAPE ROUTE

In case of 'FIRE' in your home, would you know what to do? This leaflet explains How to make a safe exit from your home.

### "FIRE PREVENTION IS BETTER THAN FIGHTING"

Fighting fire is a specialized job and best left to the professional fire fighters.

Make your escape plan and get out alive. Talk every body in your home and make an escape plan today.

Once out, stay out! Never go back into the Building,  
Until the firemen say it is safe!

- Draw a map of your home. Show every room door, and window and the location of all fire safety arrangements.
- Mark an easy way out of each room. Then find a second way out.
- Help the grown-ups pick a meeting place outside in front of your home. That's where everyone goes when they escape a fire.
- Learn the emergency Fire Service number 101. Call once you get outside.

## ADVANCE PLAN

Make sure that you have "Safe Escape Plan" in case of Fire involving, everyone in your home, especially children, the elderly and disabled.

- By following the advice in this leaflet and planning your escape route together, you can save lives of yours family members, relatives, and community members.
- Make sure every one knows where to find door and window keys.
- The best escape route is your normal way in and out of your home so keep it clear.
- Think of difficulties you may have getting out, for example in the middle of the night.
- Choose a second escape route, in case the first one is blocked.
- If you can't escape, you will need to find a room to wait in until the Fire Service arrive. Choose a safe room, ideally one with a phone, and a window that opens.

## **IN CASE OF FIRE**

Keep calm. Act quickly.  
Tell everyone in your home.  
"Don't delay - get everyone out".

- Don't waste time investigating and collecting valuables.
- Before you open a door, check it with the back of your hand. If its hot, don't open it - fire is on the other side. Remember to shut doors behind you.

## **IN CASE ESCAPE ROUTS IS BLOCKED**

- Get everyone into one room, with a window that opens, and shut the door.
- Put cushions and bedding around the bottom of the door to block out smoke.
- Open the window and call for help.

*IF YOU CAN'T GET OUT, FIND A SAFE PLACE TO WAIT*

## **GET OUT OF A WINDOW**

- If you're on the ground or first floor, you may be able to escape through a window. If you are higher up, only consider this if you are in immediate danger.
- If you need to break a window, use a heavy object to break the glass in the bottom corner. Then knock out the glass. Be careful of jagged edges, make them safe by laying a towel or blanket over them.
- Break your fall with cushions and bedding. Remember, don't jump - lower yourself before dropping.



*IF THERE'S SMOKE KEEP LOW TO THE GROUND  
WHERE THE AIR IS CLEANER.*

## **IF YOUR CLOTHES CATCH FIRE**

- Don't run around, you will fan the flames and make them burn faster.
- Lie down and roll around. It makes it harder for the fire to spread and smothers the flames.
- Smother the flames with a heavy material, like a coat, blanket or a fire blanket.

## **STAY OUT**

Don't go back in for anything, even if there's someone left inside. Wait for the Fire Service and give them as much information as possible.

## **IF THERE IS A FIRE**

GET OUT

STAY OUT

AND CALL 101 or nearest fire brigade

## **YOUR EMERGENCY CALL**

- Once you've escaped, call 101. These calls are free.
- You can also call the local fire station number. Speak slowly and clearly.
- Give complete address.
- Explain if anyone is trapped, give his location.

## **DRAW A PLAN AND CREATE A CHECKLIST**

Going out of your own home sounds easy, but everything looks very different when it's full of smoke. So practice your plan.

## **HOME FIRE DRILLS CAN BE FUN**

- Start the drill by shouting: "Fire!" "Everybody out!"
- Follow your escape plan and leave the building quickly.
- Pretend some way outs are blocked by flame or smoke. Use your second way out of a room.
- Go directly to the meeting place.

## **ESCAPE TIPS**

- If you see smoke as you escape try another escape route.
- If you have to escape through smoke, crawl low to your exit. Keep your head one to two feet (30 to 60 centimeters) above the floor. That's where the air will be cleanest.
- Test door knobs and the space between the door and its frame with the back of your hand before opening doors. If the door is hot, try another escape route. If its cool, open it slowly. Be ready to slam the door shut if smoke pours through.
- Never go back into the building for any reason-until it's safe to do so. If someone is trapped inside, tell the firemen.

## **FIT A SMOKE ALARM**

- The best way for you to protect yourself and your home is to install smoke alarm. Make sure you test the battery every week. If you need help or advice on which is the most suitable smoke alarm for your home, where to install it, contact your local Fire Service (Fire Station). They will be happy to give you advice.
- Smoke alarms save lives.
- Fit on every floor of your home and test the batteries regularly.

## **REDUCE THE RISK OF FIRE**

- Last thing at night -You are far more likely to be killed or injured in a fire during the night. Get used to checking your home, before you go to bed.
- Turn off and unplug all electrical appliances unless they are designed to be left on - like your freezer or VCR for example.
- Check the electrical cooker is turned off.
- Don't leave the washing machine on.
- Turn room heaters off and put up fire guards.
- Put out candles and cigarettes properly.
- Close inside doors.



**IN CASE OF FIRE**  
**Dial**  
**101**

**OR**  
**CONTACT THE NEAREST**  
**FIRE STATION**

**FOLLOW FIRE PRECAUTIONS,**  
**PREVENT FIRE**



सत्यमेव जयते

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Issued in Public Interest